

Contribution for the Glowing Soul Guide for the New Year

By Wendy Sue Noah

Congratulations on your decision to embrace Shani's guide toward living an authentic joyful life this year and beyond! I am honored to offer you a little spiritual treat to help you whenever you feel defeat.

First, let me begin by giving you a somewhat quick overview of who I am and how I got to where I am today, writing this for you.

When I was turning 30, after a glowingly successful business and personal life, while living in a gorgeous flat in North Beach, San Francisco with Coit Tower out my bay windows, I realized that I was having too much "fun" and not living my soul's purpose of why I took this birth in the first place!

So I began a spiritual search for a "spiritual master" to help me find my destiny. What I learned here is that we have to be very careful with what we ask for, because the law of attraction is very powerful with what we direct our energy toward!

With that in mind, soon after, I met a charismatic man who was starting a new spiritual doctrine, and told me that God wanted me to be his 5th wife and join the "family." With blind faith, I joined the cult and was a part of it for ten years. During that time, we had five precious children together.

To make a very long story short, he eventually threw me out on the street when I started to stand up to him and his abuse, and took our kids away from me. I've written an [inspirational memoir](#) about my incredible spiritual journey here, when I transformed from blind faith to real faith, and where real world miracles and love saved the day.

Now, I am here to share my spiritual wealth of knowledge to you! What I've come to realize, with real eyes, is that we are all here for a purpose, with many gifts to share and to serve others with. We really don't need a certain religion, group, family or friend to make us feel OK about ourselves. If you are breathing and reading this right now, then you are truly blessed!

I will ask you a couple of questions now, to help you realize, with real eyes, your Divine worth to yourself and to others.

1. What are the qualities that you admire in a person? Do you also see these qualities in yourself? If not, what can you do to embrace these special qualities more so, to make them your own?

2. List your special gifts / skills. Are there others that have similar gifts / skills as yours that you feel are better or more capable than you? If so, write here how your gifts are special in and of itself. (i.e. ~ we have Monet and Renoir. They are each impressionism artists with their own unique style. Not one is better or worse than the other.)

3. Remember a time in your life when you felt totally loved, cherished and at peace. Take a minute to close your eyes and go back to that memory. Feel it in your bones, in your soul. Describe it below, and know that you can always go back here when you need to.

4. List 3 of your goals below, with the inner knowledge of your gifts (listed above). Make sure that your goals reflect the real you, not what others outside of yourself tell you about yourself.

With the understanding that you are here to share your gifts and with the goals in front of you, I wish you all the best on your journey!